

**SEPTEMBER 2019**  
**HSA HOT BREAKFAST MENU**  
 Menu subject to change\*

MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
<b>LABOR DAY</b>	½ cup 100% Juice ½ cup Fresh Pear Breakfast Round Milk	½ cup 100% Juice ½ cup Craisins Mini French Toast Sticks Milk	½ cup 100% Juice ½ cup Banana WG Fruity Cheerio Cereal Milk	½ cup 100% Juice ½ cup Fresh Apple Cinnamon Raisin Bagel Butter Milk
MONDAY 9	TUESDAY 10	WEDNESDAY 11	THURSDAY 12	FRIDAY 13
½ cup 100% Juice ½ cup Applesauce WG Cinnamon Pop-Tart Milk	½ cup 100% Juice ½ cup Fresh Orange WG Cocoa Puff Cereal Elf Grahams Milk	½ cup 100% Juice ½ Cup Craisins Waffles Syrup Milk	½ cup 100% Juice ½ cup banana WG Cinnamon Toast Crunch Cereal Milk	½ cup 100% Juice ½ cup Fresh Apple Chicken and Biscuits Syrup Cup Milk
MONDAY 16	TUESDAY 17	WEDNESDAY 18	THURSDAY 19	FRIDAY 20
½ cup 100% Juice ½ cup Applesauce WG Cinnamon Pop-Tart Milk	½ cup 100% Juice ½ cup Fresh Orange WG Trix Cereal Graham Cracker Milk	½ cup 100% Juice ½ cup Fresh Pear Breakfast Slider Milk	½ cup 100% Juice ½ cup Strawberry Craisins WG Cinnamon Chex Elf Grahams Milk	½ cup 100% Juice ½ cup Banana Mini Pancakes Milk
MONDAY 23	TUESDAY 24	WEDNESDAY 25	THURSDAY 26	FRIDAY 27
½ cup 100% Juice ½ cup Applesauce WG Fruit and Grain Bar Goldfish Graham Milk	½ cup 100% Juice ½ cup Fresh Pear Breakfast Round Milk	½ cup 100% Juice ½ cup Craisins Cream Cheese Bagel Milk	½ cup 100% Juice ½ cup Banana WG Fruity Cheerio Cereal Milk	½ cup 100% Juice ½ cup Fresh Apple Mini Cinnamon Waffles Syrup Milk
MONDAY 30				
½ cup 100% Juice ½ cup Applesauce WG Cinnamon Pop-Tart Milk				