



2018 Summer Camp Programs

*Mercy Health - Children's
Developmental Center*

Camp Dates

Tuesdays:

- June 19 and 26
- July 3, 10, 17 and 24

Wednesdays:

- June 20 and 27
- July 11, 18, 25
- August 1

Thursdays

- June 21 and 28
- July 5, 12, 19 and 26

Camp Fees

Each 2018 camp program is available at a discounted rate of \$100 per child (Regular rate: \$233 per child), thanks to donations from the Mercy Health Foundation and the Elyria Elks BPOE #465.

Mercy Health - Children's Developmental Center

47160 Hollstein Drive
Amherst, OH 44001

*To register for camp, call Jenna
at (440) 960-3400.*

Camp Calm

This program is for children ages 3 to 5. It focuses on speech skills, social skills and fine and gross motor skills. Each session will have a different theme, with lessons focused around that theme. Four different sessions will be offered:

- Session 1: Tuesdays from 8:30 to 10 a.m.
- Session 2: Tuesdays from 10:30 a.m. to 12 p.m.
- Session 3: Wednesdays from 8:30 to 10 a.m.
- Session 4: Wednesdays from 10:30 a.m. to 12 p.m.,.

Choice of session is available on a first-come, first-served basis. However, therapists will use discretion when scheduling, based on participant needs.

Dance, Boogie & Roll

This program is an adaptive dance class for children with or without special needs, led by an occupational therapist and a physical therapy assistant. Options are available for children ages 3 to 6 and those 7 years and older:

- 3 to 6 years: Wednesdays, 1 to 2 p.m.
- 7 and older: Wednesdays, 2:30 to 3:30 p.m.

Age groups may be combined based on the number of participants.

Movement/Yoga

This camp will develop your child's gross motor strength, fine motor strength, sensory processing and mindfulness skills through the use of yoga poses and a series of exercises in a fun, socially oriented group! **It's offered to children ages 6 to 10 years and will be held on Tuesdays from 9 to 10 a.m.**

More program information on back.



More Summer Camp Programs

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Game Time

This camp program is designed to address the needs of 8- to 12-year-old children with delays in language development, social interaction, play skills, fine motor skills, gross motor skills and/or sensory processing delays that affect their ability to participate in activities with peers. **This program will be offered on Tuesdays from 1 to 2:30 p.m.**

ADL

The pre-teen and teenage years are a perfect time to start introducing your child to independent living skills. Food preparation, housekeeping (such as laundry, vacuuming, washing dishes, yard work), money management and shopping are all tasks adolescents need to learn to maintain an independent lifestyle as they age. This camp will provide strategies for improving your teen's self-direction and safety with independent living skills - also known as instrumental activities of daily living (IADLs). We make the "boring" life skills fun! **This program will be offered to children ages 10 to 15 on Tuesdays from 11:30 a.m. to 1 p.m.**

Helping Hands

This camp program will focus on fine motor skills, which are the foundation of success in daily life, including participation in school, play and activities of daily living. Children learn best through play, and there's no better way to strengthen each component of your child's fine motor skills than through play-based experiential learning! This camp will address your five- to seven-year-old child's hand and finger strength, two-hand coordination, in-hand manipulation skills, motor planning and sequencing, pinch and grasp patterns, visual perception, visual discrimination and eye-hand coordination. **This program will be offered on Tuesdays from 1 to 2:30 p.m.**

Aquatic

This 45-minute camp program allows children ages 5 to 8 years old to experience movement in the water. It's also an opportunity for parents to work one-on-one with their child in the water, assisting them with their exercises. **This program will be offered on Tuesdays from 11 a.m. to 12 p.m.**

Watch Me Learn & Grow

This "Parent & Me" group focuses on your child's current skills, as well as developing skills. It will be run by an occupational therapist, a speech therapist and a physical therapist to provide guidance and early intervention where needed. Sessions include:

- Birth to 12 months: Thursdays, 9 to 9:45 a.m.
- 12 to 24 months: Thursdays, 10 to 10:45 a.m.
- 24 to 36 months: Thursdays, 11 to 11:45 a.m.

Age groups may be combined based on the number of participants.